

Gems From the Garland of Letters

[Letters of Bhagwan Kishori Mohan]

(4)

10th Agrahayan, 1343 (Bengali)
Dumka.

Dear Sarala Bala,

Peace and happiness within all of you ushers pleasure of satisfaction in me. It is futile to hope for peace in *samsara* (external world). Only spiritual penance may deliver actual happiness and this bliss is the one and only root towards the cessation of disharmony in the external world. Transcend to this tranquil pacific state through your penance and then subsequently attain the bliss of eternal peace and serenity when you detach yourself from your mortal coil – never to return back to the trouble and grief of this world. What's more to be disheartened about? The few days in between will wither away in time.

Sarala! Always remain steadfast in self-observation.

*Firmly remain joyfully aware,
O brother!
If it finds a slit and escapes ever,
You suffer!*

Even if you are not able to sit calmly and meditate, conduct all your activities remaining resolute in self-awareness. Never allow depression to creep in. By this, allow the play of *Bhava* (spiritual emotive sensibility) within you. Till the time I am

present in this mortal coil, I will guide and grace all your efforts. I deliver fresh sparks of energy within all of you many times a day. Keep that energy ever-awake and do not allow it to diminish in oblivion.

Remaining continually steadfast in *Bhava* is superior to reclusive meditation or even meditative dissolution. Hence, live in this world assuming yourself as a manifestation of *Brahman* (pure universal consciousness). Maintain this non-dualistic attitude even when you bow down to pay your obeisance to your Guru or God. Get rid of all dualistic discriminations from your mind. Discrimination causes bondage, while realization of the undivided eternal truth leads to liberation.

In this entire creation, there is nothing in existence other than the *Atma* (the purified soul); everything that is perceived is a manifestation of the *Atma*. It is the *Atma* which expresses itself as each and every animate or inanimate object that you behold in this world. All material expressions and their embodied forms are temporal and is a false imagination. Always consider that everything that you see around everywhere is a manifestation of the One *Atma*. Analyze every ripple that arises from your mind to be *Brahmic* expressions. Then everything will become nothing but the *Brahman*. Beholding the world as anything other than *Brahman* is an illusion, while realizing it as the manifestation of *Brahman* is the actual knowledge of Truth. The same



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Smt Sarala Bala Devi

mind and sensory preceptors which appear as obstacles to *Brahmic* realization will become supportive and cooperative afterwards. Hence, contemplate and assume the mind and sensory preceptors only as the expressions of *Brahman*.

Let thy sight transform into *Brahmic* vision. Contemplate on these brief advices I gave you above. What's more to elaborate?

Keep a copy of these instructions in your fair exercise book.

Yours,

Sri Kishori Mohan

(From the book titled "*Brihat Kishori Bhagavat*" by Late Sri Amarendra Ch.

Syam)

Translated into English by

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